

## Nottinghamshire ASA Combined Championships & BAGCAT Age Groups Schedule of Events 2010

Session 1.	Start 9.00am	Saturday 13 <sup>th</sup> February Beechdale	Session 6.	Start 9.00am	Saturday 27 <sup>th</sup> February Mansfield
101	Female	400m I.M.	301	Female	50m Breaststroke
102	Male	100m Butterfly	302	Male	100m Freestyle
103	Female	100m Backstroke	303	Female	<b>Final of 50m Breast</b>
104	Male	<b>Final of 100m Butterfly</b>	304	Female	200m Backstroke
105	Male	400m Freestyle	305	Male	<b>Final of 100m Freestyle</b>
106	Mixed	Multidisability 50m Freestyle			
107	Female	<b>Final of 100m Backstroke</b>			
Session 2.	Start TBA		Session 7	Start TBA	
108	Female	50m Backstroke	306	Male	50m Free
109	Male	100m Breaststroke	307	Female	100m Breaststroke
110	Female	<b>Final of 50m Backstroke</b>	308	Male	<b>Final of 50m Free</b>
111	Female	200m Freestyle	309	Male	200m I.M.
112	Mixed	Multidisability 100m Backstroke	310	Female	<b>Final of 100m Breaststroke</b>
113	Male	<b>Final of 100m Breaststroke</b>			
Session 3.	Start TBA		Session 8.	Start TBA	
114	Male	50m Backstroke	311	Female	50m Freestyle
115	Female	100m Butterfly	312	Male	100m Backstroke
116	Male	<b>Final of 50m Backstroke</b>	313	Female	<b>Final of 50m Freestyle</b>
117	Male	200m Breaststroke	314	Female	200m I.M.
118	Mixed	Multidisability 100m Freestyle	315	Male	<b>Final of 100m Backstroke</b>
119	Female	<b>Final of 100m Butterfly</b>			
Session 4.	Start 10.00am	Sunday 14 <sup>th</sup> February Beechdale	Session 9.	Start 5.00pm	Saturday 6 <sup>th</sup> March Worksop
201	Male	50m Butterfly	401	Male /Female	800m Freestyle
202	Female	200m Breaststroke			
203	Male	<b>Final of 50m Butterfly</b>	Session 10.	Start 5.00pm	Saturday 13 <sup>th</sup> March Retford
204	Mixed	Mutidisability 50m Backstroke	402	Male /Female	1500m Freestyle
205	Male	400m I.M.			
Session 5.	Start TBA		Session 11.	Start 9.00am	Saturday 20 <sup>th</sup> March Mansfield
206	Female	50m Butterfly	501	Male	50m Breaststroke
207	Male	200m Backstroke	502	Female	100m Freestyle
208	Female	<b>Final of 50m Butterfly</b>	503	<b>Male</b>	<b>Final of 50m Breaststroke</b>
209	Female	400m Freestyle	504	Male	200m Freestyle
			505	<b>Female</b>	<b>Final of 100m Freestyle</b>
<p><b>Withdrawals must be notified prior to the event by telephone / email and, on the day, not later than 1 hour before the start of swimming. Failure to notify a withdrawal at any time during the series of galas is subject to a £10 fine.</b></p> <p><b>Warm-ups are 45mins prior to the start of each session except the distance events at Worksop and Retford which are 30mins.</b></p>			Session 12	Start TBA	
			601	Male	100m I.M.
			602	Female	200m Butterfly
			603	Male	<b>Final 100 I.M</b>
			604	Female	100m I.M.
			605	Male	200m Butterfly
			606	Female	<b>Final 100 I.M</b>
<b>RELAY GALA IS ON SUNDAY 21<sup>st</sup> MARCH AT BEECHDALE (see next page for the schedule)</b>					

**RELAY GALA – SUNDAY 21<sup>st</sup> March – BEECHDALE**  
**WARM-UP FROM 8:30am START 9:30am**

Event No		Event No	
701	F 10/un 4x50m Medley Relay	719	F 10/un 4x50m Freestyle Relay
702	M 10/un 4x50m Freestyle Relay	720	M 10/un 4x50m Medley Relay
703	F 12/un 4x50m Medley Relay	721	F 12/un 4x50m Freestyle Relay
704	M 12/un 4x50m Freestyle Relay	722	M 12/un 4x50m Medley Relay
705	F 14/un 4x50m Medley Relay	723	F 14/un 4x50m Freestyle Relay
706	M 14/un 4x50m Freestyle Relay	724	M 14/un 4x50m Medley Relay
707	F 16/un 4x50m Medley Relay	725	F 16/un 4x50m Freestyle Relay
708	M 16/un 4x50m Freestyle Relay	726	M 16/un 4x50m Medley Relay
709	F Open 4x100m Medley Relay	727	F Open 4x100m Freestyle Relay
710	M Open 4x100m Freestyle Relay	728	M Open 4x100m Medley Relay
711-718	Finals of the above events	729-736	Finals of the above events