

Nottinghamshire ASA -- Combined Championships & Age Groups 2009

(Under ASA Laws and ASA Technical Rules of Swimming)

Retford Leisure Centre (25m pool) -- Saturday 14th March 2009 Results Session 10 Sheet 1 of 4

EVENT 402 Boys/Girls 11 Yrs/Over 1500m Free.

BOYS 12 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Joe STEVENSON	12	Calv Bing	17:26.98	620	1:06.87	2:17.34	3:28.65	4:39.11	5:49.54	6:59.42	8:09.80
						9:19.20	10:28.83	11:38.91	12:48.54	13:58.85	15:08.82	16:19.02
2.	James BULL	12	CarltonForum	17:48.86	585	1:09.57	2:22.06	3:33.76	4:45.54	5:57.16	7:08.43	8:19.97
						9:31.33	10:43.03	11:54.28	13:05.47	14:16.80	15:28.20	16:39.33
3.	Harry MARTIN	12	Calv Bing	18:35.16	517	1:12.07	2:26.54	3:41.47	4:56.27	6:11.42	7:24.95	8:39.54
						9:54.02	11:08.19	12:23.21	13:37.82	14:53.48	16:08.28	17:23.06
4.	Daniel MOORE	12	NottmLeander	19:08.00	474	1:13.87	2:30.88	3:48.73	5:05.80	6:23.53	7:40.63	8:57.89
						10:14.35	11:30.97	12:48.31	14:05.43	15:21.72	16:38.02	17:54.20
5.	Thomas ROBERTS	12	Sherwood	19:25.47	452	1:13.28	2:30.65	3:48.88	5:07.42	6:26.15	7:44.73	9:03.06
						10:19.70	11:37.50	12:56.82	14:15.60	15:34.14	16:52.12	18:11.04
6.	Dominic HUDSON	12	Hucknall Lin	20:18.09	393	1:13.20	2:32.70	3:54.23	5:17.24	6:40.21	8:01.15	9:23.00
						10:44.62	12:06.26	13:27.56	14:51.23	16:14.04	17:36.97	18:59.05
7.	Jack SMITH	12	Calv Bing	21:30.73	324	1:18.34	2:43.01	4:10.15	5:38.27	7:06.30	8:34.27	10:01.18
						11:28.88	12:56.40	14:24.34	15:52.11	17:18.95	18:45.11	20:10.91

BOYS 13 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Matthew RENSHAW	13	Worksop	17:14.46	641	1:05.07	2:13.91	3:23.47	4:32.76	5:42.56	6:52.31	8:01.59
						9:11.34	10:21.04	11:30.41	12:40.02	13:49.68	14:59.04	16:08.49
2.	Connor ALLISON	13	Worksop	17:35.72	605	1:05.43	2:14.05	3:23.86	4:34.36	5:44.73	6:56.22	8:06.87
						9:18.09	10:29.79	11:41.17	12:52.32	14:03.75	15:15.00	16:26.95
3.	Karl MORGAN	13	Calv Bing	17:41.27	597	1:08.85	2:20.66	3:32.32	4:43.29	5:54.68	7:06.41	8:18.40
						9:29.34	10:40.60	11:51.52	13:02.42	14:13.58	15:24.28	16:34.26
4.	Elliot WOODWARD	13	CarltonForum	17:55.53	574	1:10.12	2:22.65	3:35.13	4:47.57	6:00.29	7:12.50	8:25.04
						9:37.21	10:49.17	12:01.22	13:12.78	14:24.45	15:35.76	16:46.88
5.	Alex HUNTER	13	Worksop	17:58.87	569	1:08.97	2:20.66	3:32.83	4:44.86	5:57.91	7:10.02	8:23.26
						9:36.25	10:48.60	12:01.74	13:13.94	14:26.00	15:38.09	16:49.95
6.	Ethan TINDALL	13	Mansfield	18:32.87	520	1:10.16	2:24.81	3:39.82	4:55.12	6:10.59	7:25.46	8:40.18
						9:54.97	11:09.64	12:24.20	13:38.26	14:52.27	16:06.47	17:20.57

BOYS 14 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Matthew WATKINSON	14	Worksop	16:21.20	738	1:02.28	2:07.20	3:13.29	4:18.90	5:25.28	6:31.01	7:36.84
						8:42.94	9:48.83	10:54.93	12:00.82	13:06.58	14:11.95	15:17.99
2.	Matthew DOBSON	14	Worksop	16:38.43	705	1:02.15	2:09.02	3:15.70	4:23.13	5:30.66	6:37.72	7:44.99
						8:52.72	9:59.67	11:06.42	12:13.61	13:20.89	14:27.60	15:34.60
3.	Kyle SIMPSON	14	Radford	16:45.24	692	1:02.66	2:09.08	3:16.36	4:23.65	5:30.87	6:38.16	7:45.73
						8:53.24	10:00.60	11:08.47	12:15.66	13:23.43	14:31.18	15:39.18
4.	Mitch JORDAN	14	Calv Bing	17:06.69	654	1:03.48	2:10.50	3:18.29	4:26.53	5:35.17	6:43.76	7:52.67
						9:01.69	10:10.54	11:19.81	12:28.88	13:38.55	14:47.91	15:57.53
5.	Aiden SMITH	14	NottmLeander	17:19.31	632	1:04.47	2:13.49	3:22.61	4:32.21	5:41.75	6:51.53	8:01.19
						9:11.08	10:20.75	11:29.94	12:39.69	13:49.28	14:59.52	16:09.86
6.	Jorge PHENIX-COYNE	14	Calv Bing	17:24.09	624	1:03.92	2:12.20	3:21.19	4:30.15	5:39.63	6:49.03	7:59.55
						9:09.43	10:20.36	11:30.45	12:41.75	13:54.31	15:05.81	16:15.35

BOYS 16/18 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Barney BARLOW	18	Calv Bing	17:03.24	660*	1:03.78	2:11.12	3:19.45	4:27.75	5:36.36	6:44.57	7:52.90
						9:00.69	10:08.88	11:17.64	12:27.29	13:37.21	14:45.85	15:55.94
2.	Devon PAULGER	17	Sherwood	17:40.62	598*	1:04.65	2:14.58	3:25.35	4:35.87	5:47.47	6:58.71	8:09.77
						9:21.38	10:33.30	11:44.92	12:56.79	14:08.56	15:20.41	16:31.08
3.	Craig SPEARS	16	Retford	17:50.51	582*	1:04.80	2:15.18	3:27.15	4:39.11	5:50.69	7:01.54	8:12.98
						9:25.14	10:36.77	11:48.68	13:01.15	14:13.88	15:26.06	16:39.50
4.	Daniel WINTER	16	Calv Bing	17:58.80	569*	1:04.69	2:13.14	3:22.55	4:33.17	5:45.21	6:57.64	8:11.09
						9:25.24	10:39.60	11:53.41	13:06.88	14:20.03	15:33.67	16:47.33
5.	Jack STEVENSON	16	Calv Bing	18:55.07	490*	1:06.11	2:21.66	3:38.63	4:55.24	6:12.82	7:29.42	8:44.25
						10:01.92	11:18.58	12:33.74	13:50.55	15:06.85	16:24.19	17:38.75

BOYS Open Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Matthew WATKINSON	14	Worksop	16:21.20	738	1:02.28	2:07.20	3:13.29	4:18.90	5:25.28	6:31.01	7:36.84
						8:42.94	9:48.83	10:54.93	12:00.82	13:06.58	14:11.95	15:17.99
2.	Matthew DOBSON	14	Worksop	16:38.43	705	1:02.15	2:09.02	3:15.70	4:23.13	5:30.66	6:37.72	7:44.99
						8:52.72	9:59.67	11:06.42	12:13.61	13:20.89	14:27.60	15:34.60
3.	Kyle SIMPSON	14	Radford	16:45.24	692	1:02.66	2:09.08	3:16.36	4:23.65	5:30.87	6:38.16	7:45.73
						8:53.24	10:00.60	11:08.47	12:15.66	13:23.43	14:31.18	15:39.18
4.	Barney BARLOW	18	Calv Bing	17:03.24	660*	1:03.78	2:11.12	3:19.45	4:27.75	5:36.36	6:44.57	7:52.90
						9:00.69	10:08.88	11:17.64	12:27.29	13:37.21	14:45.85	15:55.94
5.	Mitch JORDAN	14	Calv Bing	17:06.69	654	1:03.48	2:10.50	3:18.29	4:26.53	5:35.17	6:43.76	7:52.67
						9:01.69	10:10.54	11:19.81	12:28.88	13:38.55	14:47.91	15:57.53

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Retford Leisure Centre (25m pool) -- Saturday 14th March 2009 Results Session 10 Sheet 2 of 4

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
6.	Matthew RENSHAW	13	Worksop	17:14.46	641	1:05.07	2:13.91	3:23.47	4:32.76	5:42.56	6:52.31	8:01.59
7.	Aiden SMITH	14	NottmLeander	17:19.31	632	9:11.34	10:21.04	11:30.41	12:40.02	13:49.68	14:59.04	16:08.49
8.	Jorge PHENIX-COYNE	14	Calv Bing	17:24.09	624	1:04.47	2:13.49	3:22.61	4:32.21	5:41.75	6:51.53	8:01.19
9.	Joe STEVENSON	12	Calv Bing	17:26.98	620	9:11.08	10:20.75	11:29.94	12:39.69	13:49.28	14:59.52	16:09.86
10.	Matthew DRISCOLL	39	NottmLeander	17:28.88	617*	1:03.92	2:12.20	3:21.19	4:30.15	5:39.63	6:49.03	7:59.55
11.	Connor ALLISON	13	Worksop	17:35.72	605	9:09.43	10:20.36	11:30.45	12:41.75	13:54.31	15:05.81	16:15.35
12.	Devon PAULGER	17	Sherwood	17:40.62	598*	1:06.87	2:17.34	3:28.65	4:39.11	5:49.54	6:59.42	8:09.80
13.	Karl MORGAN	13	Calv Bing	17:41.27	597	9:19.20	10:28.83	11:38.91	12:48.54	13:58.85	15:08.82	16:19.02
14.	James BULL	12	CarltonForum	17:48.86	585	1:04.07	2:13.40	3:23.19	4:33.02	5:43.12	6:53.56	8:04.36
15.	Craig SPEARS	16	Retford	17:50.51	582*	9:15.26	10:26.10	11:36.81	12:48.02	13:58.88	15:09.87	16:20.46
16.	Elliot WOODWARD	13	CarltonForum	17:55.53	574	1:05.43	2:14.05	3:23.86	4:34.36	5:44.73	6:56.22	8:06.87
17.	Daniel WINTER	16	Calv Bing	17:58.80	569*	9:18.09	10:29.79	11:41.17	12:52.32	14:03.75	15:15.00	16:26.95
18.	Alex HUNTER	13	Worksop	17:58.87	569	1:04.65	2:14.58	3:25.35	4:35.87	5:47.47	6:58.71	8:09.77
19.	Ethan TINDALL	13	Mansfield	18:32.87	520	9:21.38	10:33.30	11:44.92	12:56.79	14:08.56	15:20.41	16:31.08
20.	Harry MARTIN	12	Calv Bing	18:35.16	517	1:08.85	2:20.66	3:32.32	4:43.29	5:54.68	7:06.41	8:18.40
21.	Jack STEVENSON	16	Calv Bing	18:55.07	490*	9:29.34	10:40.60	11:51.52	13:02.42	14:13.58	15:24.28	16:34.26
22.	Daniel MOORE	12	NottmLeander	19:08.00	474	1:09.57	2:22.06	3:33.76	4:45.54	5:57.16	7:08.43	8:19.97
23.	Thomas ROBERTS	12	Sherwood	19:25.47	452	9:31.33	10:43.03	11:54.28	13:05.47	14:16.80	15:28.20	16:39.33
24.	Dominic HUDSON	12	Hucknall Lin	20:18.09	393	1:04.80	2:15.18	3:27.15	4:39.11	5:50.69	7:01.54	8:12.98
25.	Jack SMITH	12	Calv Bing	21:30.73	324	9:25.14	10:36.77	11:48.68	13:01.15	14:13.88	15:26.06	16:39.50
						1:10.12	2:22.65	3:35.13	4:47.57	6:00.29	7:12.50	8:25.04
						9:37.21	10:49.17	12:01.22	13:12.78	14:24.45	15:35.76	16:46.88
						1:04.69	2:13.14	3:22.55	4:33.17	5:45.21	6:57.64	8:11.09
						9:25.24	10:39.60	11:53.41	13:06.88	14:20.03	15:33.67	16:47.33
						1:08.97	2:20.66	3:32.83	4:44.86	5:57.91	7:10.02	8:23.26
						9:36.25	10:48.60	12:01.74	13:13.94	14:26.00	15:38.09	16:49.95
						1:10.16	2:24.81	3:39.82	4:55.12	6:10.59	7:25.46	8:40.18
						9:54.97	11:09.64	12:24.20	13:38.26	14:52.27	16:06.47	17:20.57
						1:12.07	2:26.54	3:41.47	4:56.27	6:11.42	7:24.95	8:39.54
						9:54.02	11:08.19	12:23.21	13:37.82	14:53.48	16:08.28	17:23.06
						1:06.11	2:21.66	3:38.63	4:55.24	6:12.82	7:29.42	8:44.25
						10:01.92	11:18.58	12:33.74	13:50.55	15:06.85	16:24.19	17:38.75
						1:13.87	2:30.88	3:48.73	5:05.80	6:23.53	7:40.63	8:57.89
						10:14.35	11:30.97	12:48.31	14:05.43	15:21.72	16:38.02	17:54.20
						1:13.28	2:30.65	3:48.88	5:07.42	6:26.15	7:44.73	9:03.06
						10:19.70	11:37.50	12:56.82	14:15.60	15:34.14	16:52.12	18:11.04
						1:13.20	2:32.70	3:54.23	5:17.24	6:40.21	8:01.15	9:23.00
						10:44.62	12:06.26	13:27.56	14:51.23	16:14.04	17:36.97	18:59.05
						1:18.34	2:43.01	4:10.15	5:38.27	7:06.30	8:34.27	10:01.18
						11:28.88	12:56.40	14:24.34	15:52.11	17:18.95	18:45.11	20:10.91

GIRLS 11 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	Emma LOWRY	11	NottmLeander	19:58.25	561	1:15.39	2:36.25	3:56.69	5:17.50	6:38.33	7:58.84	9:19.95
2.	Danielle CHERRY	11	Calv Bing	20:40.17	507	10:41.19	12:01.59	13:21.98	14:42.18	16:02.97	17:23.01	18:42.42
3.	Shannon BROWN	11	Mansfield	20:46.39	500	1:17.33	2:41.01	4:03.82	5:27.37	6:51.52	8:15.25	9:38.42
4.	Emilia BOWES-HALL	11	Newark	21:30.61	448	11:02.98	12:26.80	13:50.39	15:13.86	16:37.06	17:58.85	19:20.45
5.	Rebecca SCHINAGL	11	Calv Bing	22:16.57	401	1:17.81	2:40.09	4:03.11	5:26.21	6:49.85	8:14.11	9:37.76
6.	Courtney TISSINGTON	11	Bramcote	23:21.20	343	11:00.75	12:24.28	13:48.88	15:12.75	16:36.80	18:01.32	19:25.77
						1:18.38	2:44.37	4:11.42	5:39.54	7:05.20	8:33.41	10:00.77
						11:28.42	12:56.25	14:23.72	15:51.49	17:19.64	18:45.46	20:10.83
						1:22.53	2:52.38	4:22.58	5:51.55	7:21.70	8:51.17	10:21.20
						11:53.38	13:24.83	14:56.10	16:26.82	17:57.34	19:26.95	20:56.05
						1:28.32	3:02.06	4:36.12	6:12.61	7:47.52	9:21.71	10:54.77
						12:25.90	13:58.52	15:33.27	17:09.33	18:45.89	20:21.12	21:53.50

GIRLS 12 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
1.	Poppy RUDIN	12	Calv Bing	17:56.98	754	1:08.26	2:20.25	3:31.69	4:43.64	5:55.22	7:06.56	8:19.34
2.	Hannah MEEK	12	NottmLeander	18:26.61	703	9:31.20	10:43.93	11:56.15	13:08.19	14:21.32	15:34.15	16:47.30
3.	Amber KEEGAN	12	Calv Bing	18:28.08	699	1:12.53	2:27.18	3:41.84	4:55.90	6:10.01	7:24.23	8:38.17
4.	Heidi GREGORY	12	Sherwood	18:36.43	686	9:52.24	11:06.54	12:20.55	13:34.80	14:48.07	16:02.04	17:15.10
5.	Regan JORDAN	12	Calv Bing	18:43.60	674	1:12.80	2:28.04	3:42.84	4:56.80	6:11.31	7:25.53	8:39.32
6.	Elizabeth DAVIES	12	Retford	18:56.83	653	9:53.49	11:07.78	12:22.43	13:36.37	14:49.20	16:02.72	17:15.81
7.	Georgina YOUNG	12	NottmLeander	18:57.11	652	1:09.06	2:21.88	3:35.21	4:48.67	6:03.48	7:18.08	8:33.16
8.	Abby WALTON	12	Arnold	19:10.55	631	9:48.30	11:04.00	12:19.56	13:35.51	14:51.75	16:07.66	17:23.57
						1:11.47	2:28.13	3:45.41	5:01.51	6:17.07	7:33.48	8:49.60
						10:04.91	11:20.22	12:35.42	13:49.54	15:03.86	16:17.58	17:31.39
						1:11.21	2:27.18	3:43.30	4:59.41	6:15.38	7:31.66	8:47.34
						10:03.63	11:20.59	12:36.33	13:52.63	15:09.21	16:25.86	17:42.10
						1:12.64	2:27.31	3:42.14	4:57.45	6:12.30	7:27.17	8:42.66
						9:58.75	11:15.12	12:32.76	13:49.37	15:06.86	16:23.92	17:41.72
						1:12.78	2:28.98	3:46.18	5:02.76	6:19.77	7:36.12	8:52.50
						10:09.16	11:26.28	12:43.55	14:01.01	15:18.26	16:35.83	17:54.63

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9.	Kerris PALMER	12	Mansfield	19:34.37	595	1:13.35	2:30.48	3:48.15	5:04.37	6:21.97	7:39.88	8:58.44
						10:17.42	11:36.20	12:54.48	14:14.97	15:35.05	16:56.13	18:15.75
10.	Elizabeth WALUS	12	Worksop	19:45.67	580	1:12.93	2:30.82	3:49.30	5:08.32	6:27.22	7:45.89	9:05.00
						10:24.33	11:44.11	13:03.94	14:24.23	15:44.89	17:05.74	18:26.76
11.	Esme FAIRHURST	12	Calv Bing	20:44.52	502	1:15.76	2:36.50	3:57.81	5:20.26	6:43.87	8:08.06	9:32.65
						10:56.76	12:21.49	13:46.91	15:12.07	16:36.86	18:02.22	19:26.27

GIRLS 13 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Francesca HAY	13	NottmLeander	18:01.72	728	1:08.59	2:20.30	3:32.42	4:44.51	5:56.85	7:09.10	8:21.37
						9:33.76	10:46.77	12:00.07	13:13.19	14:25.64	15:38.63	16:51.40
2.	Megan BERRIDGE	13	Worksop	18:05.30	722	1:08.54	2:20.66	3:32.73	4:44.82	5:57.88	7:10.91	8:24.04
						9:37.16	10:49.80	12:02.45	13:15.51	14:28.51	15:41.73	16:54.80
3.	Lauren GILL	13	Kimberley	18:28.88	681	1:08.84	2:22.71	3:36.41	4:50.39	6:04.87	7:19.54	8:34.32
						9:48.54	11:02.75	12:17.41	13:31.78	14:46.92	16:02.20	17:16.40
4.	Jenny YOUNG	13	NottmLeander	18:38.61	665	1:10.36	2:25.29	3:40.25	4:55.34	6:11.03	7:26.40	8:41.31
						9:55.45	11:10.09	12:24.86	13:39.53	14:54.84	16:09.06	17:23.55
5.	Katie BANKS	13	Mansfield	19:04.22	625	1:11.69	2:26.88	3:41.79	4:57.38	6:13.38	7:29.87	8:46.48
						10:03.99	11:21.12	12:38.87	13:56.27	15:13.67	16:30.98	17:48.41
6.	Tilly SPINK	13	Retford	19:47.93	563	1:12.27	2:28.90	3:46.54	5:04.82	6:24.58	7:45.83	9:05.99
						10:26.28	11:46.10	13:07.07	14:28.26	15:49.11	17:08.93	18:29.47

GIRLS 15 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Rebecca BARSBY	15	Calv Bing	18:27.41	679*	1:07.70	2:19.38	3:31.56	4:43.55	5:56.29	7:10.28	8:25.21
						9:40.02	10:56.02	12:11.69	13:27.42	14:43.83	15:59.55	17:14.48

GIRLS 16/18 Yrs Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Lucy SMITH	17	Newark	18:18.59	694*	1:07.01	2:19.38	3:31.85	4:44.68	5:57.48	7:10.55	8:23.91
						9:37.72	10:51.78	12:05.76	13:20.30	14:34.89	15:49.90	17:05.19

GIRLS Open Age Group

Place	Name	AaD	Club	Time	BAG Pt	100	200	300	400	500	600	700
						800	900	1000	1100	1200	1300	1400
1.	Poppy RUDIN	12	Calv Bing	17:56.98	754	1:08.26	2:20.25	3:31.69	4:43.64	5:55.22	7:06.56	8:19.34
						9:31.20	10:43.93	11:56.15	13:08.19	14:21.32	15:34.15	16:47.30
2.	Francesca HAY	13	NottmLeander	18:01.72	728	1:08.59	2:20.30	3:32.42	4:44.51	5:56.85	7:09.10	8:21.37
						9:33.76	10:46.77	12:00.07	13:13.19	14:25.64	15:38.63	16:51.40
3.	Megan BERRIDGE	13	Worksop	18:05.30	722	1:08.54	2:20.66	3:32.73	4:44.82	5:57.88	7:10.91	8:24.04
						9:37.16	10:49.80	12:02.45	13:15.51	14:28.51	15:41.73	16:54.80
4.	Lucy SMITH	17	Newark	18:18.59	694*	1:07.01	2:19.38	3:31.85	4:44.68	5:57.48	7:10.55	8:23.91
						9:37.72	10:51.78	12:05.76	13:20.30	14:34.89	15:49.90	17:05.19
5.	Hannah MEEK	12	NottmLeander	18:26.61	703	1:12.53	2:27.18	3:41.84	4:55.90	6:10.01	7:24.23	8:38.17
						9:52.24	11:06.54	12:20.55	13:34.80	14:48.07	16:02.04	17:15.10
6.	Rebecca BARSBY	15	Calv Bing	18:27.41	679*	1:07.70	2:19.38	3:31.56	4:43.55	5:56.29	7:10.28	8:25.21
						9:40.02	10:56.02	12:11.69	13:27.42	14:43.83	15:59.55	17:14.48
7.	Amber KEEGAN	12	Calv Bing	18:28.08	699	1:12.80	2:28.04	3:42.84	4:56.80	6:11.31	7:25.53	8:39.32
						9:53.49	11:07.78	12:22.43	13:36.37	14:49.20	16:02.72	17:15.81
8.	Lauren GILL	13	Kimberley	18:28.88	681	1:08.84	2:22.71	3:36.41	4:50.39	6:04.87	7:19.54	8:34.32
						9:48.54	11:02.75	12:17.41	13:31.78	14:46.92	16:02.20	17:16.40
9.	Heidi GREGORY	12	Sherwood	18:36.43	686	1:09.06	2:21.88	3:35.21	4:48.67	6:03.48	7:18.08	8:33.16
						9:48.30	11:04.00	12:19.56	13:35.51	14:51.75	16:07.66	17:23.57
10.	Jenny YOUNG	13	NottmLeander	18:38.61	665	1:10.36	2:25.29	3:40.25	4:55.34	6:11.03	7:26.40	8:41.31
						9:55.45	11:10.09	12:24.86	13:39.53	14:54.84	16:09.06	17:23.55
11.	Regan JORDAN	12	Calv Bing	18:43.60	674	1:11.47	2:28.13	3:45.41	5:01.51	6:17.07	7:33.48	8:49.60
						10:04.91	11:20.22	12:35.42	13:49.54	15:03.86	16:17.58	17:31.39
12.	Elizabeth DAVIES	12	Retford	18:56.83	653	1:11.21	2:27.18	3:43.30	4:59.41	6:15.38	7:31.66	8:47.34
						10:03.63	11:20.59	12:36.33	13:52.63	15:09.21	16:25.86	17:42.10
13.	Georgina YOUNG	12	NottmLeander	18:57.11	652	1:12.64	2:27.31	3:42.14	4:57.45	6:12.30	7:27.17	8:42.66
						9:58.75	11:15.12	12:32.76	13:49.37	15:06.86	16:23.92	17:41.72
14.	Katie BANKS	13	Mansfield	19:04.22	625	1:11.69	2:26.88	3:41.79	4:57.38	6:13.38	7:29.87	8:46.48
						10:03.99	11:21.12	12:38.87	13:56.27	15:13.67	16:30.98	17:48.41
15.	Abby WALTON	12	Arnold	19:10.55	631	1:12.78	2:28.98	3:46.18	5:02.76	6:19.77	7:36.12	8:52.50
						10:09.16	11:26.28	12:43.55	14:01.01	15:18.26	16:35.83	17:54.63
16.	Kerris PALMER	12	Mansfield	19:34.37	595	1:13.35	2:30.48	3:48.15	5:04.37	6:21.97	7:39.88	8:58.44
						10:17.42	11:36.20	12:54.48	14:14.97	15:35.05	16:56.13	18:15.75
17.	Elizabeth WALUS	12	Worksop	19:45.67	580	1:12.93	2:30.82	3:49.30	5:08.32	6:27.22	7:45.89	9:05.00
						10:24.33	11:44.11	13:03.94	14:24.23	15:44.89	17:05.74	18:26.76

Nottinghamshire ASA -- Combined Championships & Age Groups 2009

(Under ASA Laws and ASA Technical Rules of Swimming)

Retford Leisure Centre (25m pool) -- Saturday 14th March 2009 Results Session 10 Sheet 4 of 4

18.	Tilly SPINK	13	Retford	19:47.93	563	1:12.27	2:28.90.....	3:46.54.....	5:04.82	6:24.58.....	7:45.83	9:05.99
19.	Emma LOWRY	11	NottmLeander	19:58.25	561	10:26.28	11:46.10.....	13:07.07.....	14:28.26	15:49.11.....	17:08.93	18:29.47
20.	Danielle CHERRY	11	Calv Bing	20:40.17	507	1:15.39	2:36.25.....	3:56.69.....	5:17.50	6:38.33.....	7:58.84	9:19.95
21.	Esme FAIRHURST	12	Calv Bing	20:44.52	502	10:41.19	12:01.59.....	13:21.98.....	14:42.18	16:02.97.....	17:23.01.....	18:42.42
22.	Shannon BROWN	11	Mansfield	20:46.39	500	1:17.33	2:41.01.....	4:03.82.....	5:27.37	6:51.52.....	8:15.25.....	9:38.42
23.	Emilia BOWES-HALL	11	Newark	21:30.61	448	11:02.98	12:26.80.....	13:50.39.....	15:13.86	16:37.06.....	17:58.85.....	19:20.45
24.	Rebecca SCHINAGL	11	Calv Bing	22:16.57	401	1:15.76	2:36.50.....	3:57.81.....	5:20.26	6:43.87.....	8:08.06.....	9:32.65
25.	Courtney TISSINGTON	11	Bramcote	23:21.20	343	10:56.76	12:21.49.....	13:46.91.....	15:12.07	16:36.86.....	18:02.22.....	19:26.27
						1:17.81	2:40.09.....	4:03.11.....	5:26.21	6:49.85.....	8:14.11.....	9:37.76
						11:00.75	12:24.28.....	13:48.88.....	15:12.75	16:36.80.....	18:01.32.....	19:25.77
						1:18.38	2:44.37.....	4:11.42.....	5:39.54	7:05.20.....	8:33.41.....	10:00.77
						11:28.42	12:56.25.....	14:23.72.....	15:51.49	17:19.64.....	18:45.46.....	20:10.83
						1:22.53	2:52.38.....	4:22.58.....	5:51.55	7:21.70.....	8:51.17.....	10:21.20
						11:53.38	13:24.83.....	14:56.10.....	16:26.82	17:57.34.....	19:26.95.....	20:56.05
						1:28.32	3:02.06.....	4:36.12.....	6:12.61	7:47.52.....	9:21.71.....	10:54.77
						12:25.90	13:58.52.....	15:33.27.....	17:09.33	18:45.89.....	20:21.12.....	21:53.50