

NOTTINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION

County Championships & BAGCAT Age Groups 2009

Session Timings

Date	Venue		WITHDRAWALS Must be notified by	Warm-Up From		Gala Start	Est Finish
Saturday 14 th Feb	Beechdale	S1	08:30	08:30	Boys first (30mins each)	09:30	12:45
		S2	13:15	13:15	Girls first (30mins each)	14:15	17:15
		S3	17:30	17:45	Boys first (20mins each)	18:30	20:30
Sunday 15 th Feb	Beechdale	S4	08:30	08:30	Boys first (30mins each)	09:30	12:15
		S5	12:45	12:45	Girls first (30mins each)	13:45	16:30
		S6	16:45	17:00	Boys first (20mins each)	17:45	20:15
Saturday 28 th Feb	Watermeadows	S7	08:30	08:30	Girls first (30mins each)	09:30	12:45
		S8	13:15	13:15	Boys first (30mins each)	14:15	16:45
		S9	16:30	17:15	Boys first (20mins each)	18:00	20:30
Saturday 7 th March	Worksop	S10	16:40	16:30	TBA on the day	17:00	20:00
Saturday 14 th March	Retford	S11	16:40	16:30	TBA on the day	17:00	20:15
Saturday 21 st March	Watermeadows	S12	08:30	08:30	Boys first (30mins each)	09:30	12:30
Age group presentations in accordance with the BAGCAT points system will be at approx 12:45							
	Relay Gala	S13	13:30	13:30	To be advised on day	14:30	18:15

Warm-Up Procedure

Please do not enter the pool until given permission to do so and follow the instructions given by the warm-up marshals.

Results Service

A full results service will be available via the Internet at www.notts-swimming.co.uk

There are no competitor cards for this meet you simply turn up and swim however you are required to inform the meet administrators if you intend to withdraw. An empty lane due to a swimmer withdrawing without notice is subject to a £10 fine which must be paid before the swimmer competes again in the championships. If a swimmer fails to pay the fine then the club under which the swimmer has entered the championships shall be responsible for payment.

Please submit on the day withdrawals at the competitor desk located in the pool foyer, using the forms provided. Known withdrawals should be submitted prior to the day of meet by email or phone. Note that email cannot be checked after 9pm on the Friday preceding the Saturday gala and please do not leave messages on the home contact phone number below as these will not be accessible while away at the gala.

CONTACT MR DAVID RUSH (01909-481310) email david.rush@asaem.org.uk

For last minute problems, text on the day withdrawals to 07923 430711