



**ASA EAST MIDLAND REGION
LONG COURSE CHAMPIONSHIPS 2017**
Age Groups Corby 28th/29th April
License 1EM170476



Youth Sheffield 27th/28th & 29th May
License 1EM170474

Supplementary Para-Swimming Conditions

**PLEASE NOTE THESE CHAMPIONSHIPS ARE NOT REGISTERED WITH WORLD
PARA-SWIMMING (Formerly IPC) SWIMMERS MAY CLAIM BRITISH RECORDS.**

**ENTRIES MUST BE SUBMITTED ELECTRONICALLY BY A CLUB ADMINISTRATOR
USING SPORTSYSTEMS ENTRY MANAGER**

CORBY GALA (Ages 11/12 & 13yrs), CLOSING DATE WEDNESDAY 12th APRIL
SHEFFIELD GALA (Ages 14yrs/over), CLOSING DATE WEDNESDAY 10th MAY

**(please be aware that your club coordinator may set a date earlier than the official closing
date to enable them to complete the entry file and submit on time)**

EVENTS	Male	Female
50m Freestyle	S1-S14	S1-S14
100m Freestyle	S1-S14	S1-S14
200m Freestyle	S1-S5 & S14	S1-S5 & S14
400m Freestyle	S6-S14	S6-S14
50m Backstroke	S1-S5	S1-S5
100m Backstroke	S1,S2 & S6-S14	S1 & S6-S14
50m Breaststroke	SB1-SB3	SB1-SB3
100m Breaststroke	SB4-SB9, SB11-SB14	SB4-SB9, SB11-SB14
50m Butterfly	S1-S7	S1-S7
100m Butterfly	S8-S14	S8-S14
150m Individual Medley	SM1-SM4	SM1-SM4
200m Individual Medley	SM5-SM14	SM5-SM14

Eligibility

- All competitors must hold an authorised IPC, British Swimming, INAS-FID or British Blind Sport Classification, which is held on the British Swimming or IPC classification database at the time of entry
- **Minimum age 11yrs as at 31st December 2017.**
- Qualifying times must have been achieved between 1st September 2016 and the closing date for entries
- All classes of swimmers will swim together (Multi-Class) and integrated with able bodied swimmers.
- All events are heat declared winners.

Accreditation

Coaches and personal care attendants must have accreditation and will be required to purchase a poolside pass. Personal care attendants will only be permitted for competitors in accordance with IPC guidelines. Passes must be obtained prior to the day of meet using the application form on the website.

Medals

Medals shall be awarded on a multi-classification basis to 1st, 2nd and 3rd placed competitors based on the British Para-Swimming Points system. If less than four swimmers participate in any one event then a minus one ruling shall apply. If only one swimmer participates in any event, then the swimmer may, at the discretion of the promoter, be awarded a medal providing he/she improves upon their entry time.



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PARA-SWIMMING ENTRY FORM – INTERNAL CLUB USE ONLY

CLUB.....

GIVEN NAME.....FAMILY NAME.....

DATE OF BIRTH...../...../.....MALE / FEMALE (delete as appropriate)

CLASSIFICATION: S() SB() SM() ASA Reg No.....

TELEPHONE.....Email.....

Select the events you wish to enter, your club coordinator will download your times from GB Ranking and check that they meet the qualifying standards.

Event	Male or Female classifications	Enter Y/N	Additional information if requested
50M FREESTYLE	S1-S14		
100M FREESTYLE	S1-S14		
200M FREESTYLE	S1-5 & S14		
400M FREESTYLE	S6-S13		
50M BACKSTROKE	S1-S5		
100M BACKSTROKE	S1, (S2), S6-S14		Note S2 is for male swimmers only.
50M BREASTSTROKE	SB1-SB3		
100M BREASTSTROKE	SB4-9 & SB11-14		
50M BUTTERFLY	S1-S7		
100M BUTTERFLY	S8-S14		
150M INDIVIDUAL MEDLEY	SM1-SM4		
200M INDIVIDUAL MEDLEY	SM5-SM14		

No of entries on this form..... @ £7.00 = £.....

**Entries must be submitted electronically using Sportsystems entry manager
Return the completed form to your club administrator**

**When downloading times in entry manager if you are unable to save the times
simply click the red 'n' which will turn to a green 'y' and save.
The meet administrator will download the times when the entry is received**

	MALE	FEMALE		MALE	FEMALE
50m FREESTYLE			50m BACKSTROKE		
S1	02:22.93	02:14.58	S1	02:15.84	03:37.46
S2	01:39.28	02:05.28	S2	01:36.88	01:47.66
S3	01:12.96	01:31.14	S3	01:21.84	01:31.39
S4	01:03.36	01:21.14	S4	01:13.04	01:25.97
S5	00:55.81	01:01.65	S5	01:03.42	01:12.43
S6	00:48.29	00:55.57	100m BACKSTROKE		
S7	00:45.44	00:53.92	S6	01:59.89	02:20.40
S8	00:43.70	00:50.64	S7	01:58.35	02:15.84
S9	00:42.18	00:47.06	S8	01:45.54	02:07.66
S10	00:37.87	00:44.80	S9	01:44.38	01:53.09
S11	00:42.93	00:50.98	S10	01:38.53	01:49.54
S12	00:38.86	00:45.26	S11	01:51.34	02:16.29
S13	00:38.77	00:45.42	S12	01:38.18	01:59.15
S14	00:40.64	00:45.66	S13	01:37.76	01:56.51
100m FREESTYLE			S14	01:36.67	01:46.80
S1	04:19.14	06:39.41			
S2	03:55.10	05:47.54			
S3	02:42.99	02:49.78	50m BREASTSTROKE		
S4	02:19.09	02:48.96	SB1	03:26.32	03:37.31
S5	02:02.69	02:14.42	SB2	01:36.90	02:17.62
S6	01:48.50	02:00.08	SB3	01:21.57	01:41.07
S7	01:41.23	01:56.77	100m BREASTSTROKE		
S8	01:33.57	01:48.74	SB4	02:37.36	03:13.26
S9	01:31.44	01:42.43	SB5	02:30.93	03:01.28
S10	01:25.09	01:37.98	SB6	02:12.99	02:39.41
S11	01:35.92	01:54.78	SB7	02:06.13	02:36.16
S12	01:25.23	01:37.81	SB8	01:55.74	02:11.15
S13	01:25.10	01:37.47	SB9	01:50.37	02:07.25
S14	01:28.86	01:37.60	SB11	01:59.50	02:28.05
200m FREESTYLE			SB12	01:49.57	02:17.98
S1	12:11.84	10:35.89	SB13	01:49.18	02:08.72
S2	07:02.72	10:14.24	SB14	01:48.78	02:04.85
S3	05:44.30	06:24.38			
S4	04:59.23	06:15.60			
S5	04:23.70	04:53.74			
S14	03:07.31	03:20.98			



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	MALE	FEMALE		MALE	FEMALE
400m FREESTYLE			50m BUTTERFLY		
S6	08:18.02	09:13.79	S1	00:00.00	00:00.00
S7	07:57.76	08:39.95	S2	03:50.69	03:43.66
S8	07:18.40	08:02.70	S3	02:18.56	02:07.49
S9	06:59.98	07:43.15	S4	01:14.03	02:44.30
S10	06:44.85	07:27.39	S5	00:58.50	01:14.70
S11	07:36.72	09:01.81	S6	00:50.00	01:01.07
S12	06:46.05	07:33.60	S7	00:48.82	00:59.17
S13	06:45.79	07:28.96	100m BUTTERFLY		
			S8	01:41.06	01:58.72
200m IM			S9	01:37.18	01:51.71
SM5	05:39.42	05:53.89	S10	01:32.08	01:50.94
SM6	04:18.94	05:07.71	S11	01:41.04	02:24.32
SM7	04:16.72	04:59.04	S12	01:33.28	01:49.90
SM8	03:55.02	04:34.34	S13	01:33.46	01:50.77
SM9	03:46.34	04:14.26	S14	01:36.91	01:51.95
SM10	03:32.00	04:03.23	150m IM		
SM11	04:01.81	04:42.86	SM1	00:00.00	00:00.00
SM12	03:36.62	04:21.30	SM2	09:03.01	08:25.30
SM13	03:36.40	04:03.70	SM3	05:02.30	05:43.52
SM14	03:37.30	03:53.25	SM4	04:11.04	04:58.75