

**ASA East Midland Championships 2016**  
**Ponds Forge Sheffield 30th April, 1st 2nd May**

<b>MEET TIME LINE</b>								
<b>Session - 1</b>		<b>Saturday 30th April</b>		<b>Warm-up 8:00am</b>		<b>Start 9:00am</b>		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
101	L	400 Fr	Heats	57	6	09:00	00:32	00:32
102	M	200 Fr	Heats	98	10	09:32	00:27	00:59
103	L	100 Ba	Heats	65	7	09:59	00:15	01:15
104	M	100 Br	Heats	89	9	10:15	00:17	01:32
105	L	200 IM	Heats	85	9	10:32	00:29	02:01
<b>Estimated Session Finish Time 11:01</b>								
<b>Session - 2</b>		<b>Saturday 30th April</b>		<b>Warm-up 11:30am</b>		<b>Start 12:30pm</b>		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
201	M	400 IM	Heats	61	7	12:30	00:41	00:41
202	L	200 Fl	Heats	59	6	13:11	00:19	01:00
203	M	200 Ba	Heats	53	6	13:30	00:20	01:21
204	L	100 Fr	Heats	88	9	13:51	00:15	01:36
205	M	100 Fl	Heats	92	10	14:06	00:18	01:54
206	L	200 Br	Heats	56	6	14:24	00:21	02:15
<b>Estimated Session Finish Time 14:45</b>								

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## Ponds Forge Sheffield 30th April, 1st 2nd May

MEET TIME LINE								
Session - 3	Saturday 30th April		Warm-up 3:15pm		Start 4:00pm			
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
301	L	400 MT	Heats	15	2	04:00	00:11	00:11
302	L	400 MT	Heats	6	1	04:11	00:05	00:16
303	M	400 FT	Heats	13	2	04:16	00:09	00:26
304	M	400 FT	Heats	8	1	04:26	00:05	00:30
305 (101)	L	400 Fr	Final			04:30	00:05	00:36
306 (101)	L	400 Fr	Final			04:36	00:05	00:41
307 (102)	M	200 Fr	Final			04:41	00:03	00:44
308 (102)	M	200 Fr	Final			04:44	00:03	00:47
309 (102)	M	200 Fr	Final			04:47	00:03	00:50
310 (102)	M	200 Fr	Final			04:50	00:03	00:53
311 (103)	L	100 Ba	Final			04:53	00:02	00:55
312 (103)	L	100 Ba	Final			04:55	00:02	00:57
313 (103)	L	100 Ba	Final			04:57	00:02	00:59
314 (103)	L	100 Ba	Final			04:59	00:02	01:01
315 (104)	M	100 Br	Final			05:01	00:02	01:03
316 (104)	M	100 Br	Final			05:03	00:02	01:05
317 (104)	M	100 Br	Final			05:05	00:02	01:07
318 (104)	M	100 Br	Final			05:07	00:02	01:09
319 (105)	L	200 IM	Final			05:09	00:03	01:13
320 (105)	L	200 IM	Final			05:13	00:03	01:16
321 (105)	L	200 IM	Final			05:16	00:03	01:20
322 (105)	L	200 IM	Final			05:20	00:03	01:23
323 (201)	M	400 IM	Final			05:23	00:06	01:29
324 (201)	M	400 IM	Final			05:29	00:06	01:35
325 (202)	L	200 Fl	Final			05:35	00:03	01:38
326 (202)	L	200 Fl	Final			05:38	00:03	01:41
327 (202)	L	200 Fl	Final			05:41	00:03	01:45
328 (202)	L	200 Fl	Final			05:45	00:03	01:48
329 (203)	M	200 Ba	Final			05:48	00:03	01:51
330 (203)	M	200 Ba	Final			05:51	00:03	01:55
331 (203)	M	200 Ba	Final			05:55	00:03	01:58
332 (203)	M	200 Ba	Final			05:58	00:03	02:01
333 (204)	L	100 Fr	Final			06:01	00:02	02:03
334 (204)	L	100 Fr	Final			06:03	00:02	02:05
335 (204)	L	100 Fr	Final			06:05	00:02	02:07
336 (204)	L	100 Fr	Final			06:07	00:02	02:09
337 (205)	M	100 Fl	Final			06:09	00:02	02:11
338 (205)	M	100 Fl	Final			06:11	00:02	02:13
339 (205)	M	100 Fl	Final			06:13	00:02	02:15
340 (205)	M	100 Fl	Final			06:15	00:02	02:17
341 (206)	L	200 Br	Final			06:17	00:04	02:20
342 (206)	L	200 Br	Final			06:20	00:04	02:24
343 (206)	L	200 Br	Final			06:24	00:04	02:28
344 (206)	L	200 Br	Final			06:28	00:04	02:31
<b>Estimated Session Finish Time 06:31</b>								

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**ASA East Midland Championships 2016**  
**Ponds Forge Sheffield 30th April, 1st 2nd May**

<b>MEET TIME LINE</b>								
<b>Session - 4</b>		<b>Sunday 1st May</b>		<b>Warm-up 8:00am</b>		<b>Start 9:00am</b>		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
401	M	400 Fr	Heats	81	9	09:00	00:47	00:47
402	L	200 Fr	Heats	80	8	09:47	00:23	01:10
403	M	100 Ba	Heats	86	9	10:10	00:19	01:29
404	L	100 Br	Heats	76	8	10:29	00:16	01:45
405	M	200 IM	Heats	90	9	10:45	00:28	02:12
<b>Estimated Session Finish Time 11:12</b>								
<b>Session - 5</b>		<b>Sunday 1st May</b>		<b>Warm-up 11:30am</b>		<b>Start 12:30pm</b>		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
501	L	400 IM	Heats	61	7	12:30	00:42	00:42
502	M	200 Fl	Heats	57	6	13:12	00:19	01:01
503	L	200 Ba	Heats	69	7	13:31	00:24	01:26
504	M	100 Fr	Heats	115	12	13:56	00:20	01:46
505	L	100 Fl	Heats	103	11	14:16	00:20	02:06
506	M	200 Br	Heats	58	6	14:36	00:20	02:26
<b>Estimated Session Finish Time 14:56</b>								

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# ASA East Midland Championships 2016

## Ponds Forge Sheffield 30th April, 1st 2nd May

		MEET TIME LINE							
Session - 6		Sunday 1st May	Warm-up 3:15pm		Start 4:00pm				
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative	
601	M	400 MT	Heats	14	2	04:00	00:10	00:10	
602	M	400 MT	Heats	9	1	04:10	00:05	00:16	
603	L	400 FT	Heats	16	2	04:16	00:10	00:26	
604	L	400 FT	Heats	6	1	04:26	00:05	00:31	
605 (401)	M	400 Fr	Final			04:31	00:05	00:36	
606 (401)	M	400 Fr	Final			04:36	00:05	00:41	
607 (402)	L	200 Fr	Final			04:41	00:03	00:44	
608 (402)	L	200 Fr	Final			04:44	00:03	00:47	
609 (402)	L	200 Fr	Final			04:47	00:03	00:50	
610 (402)	L	200 Fr	Final			04:50	00:03	00:53	
611 (403)	M	100 Ba	Final			04:53	00:02	00:55	
612 (403)	M	100 Ba	Final			04:55	00:02	00:57	
613 (403)	M	100 Ba	Final			04:57	00:02	00:59	
614 (403)	M	100 Ba	Final			04:59	00:02	01:01	
615 (404)	L	100 Br	Final			05:01	00:02	01:04	
616 (404)	L	100 Br	Final			05:04	00:02	01:06	
617 (404)	L	100 Br	Final			05:06	00:02	01:08	
618 (404)	L	100 Br	Final			05:08	00:02	01:10	
619 (405)	M	200 IM	Final			05:10	00:03	01:13	
620 (405)	M	200 IM	Final			05:13	00:03	01:17	
621 (405)	M	200 IM	Final			05:17	00:03	01:20	
622 (405)	M	200 IM	Final			05:20	00:03	01:23	
623 (501)	L	400 IM	Final			05:23	00:06	01:29	
624 (501)	L	400 IM	Final			05:29	00:06	01:35	
625 (502)	M	200 Fl	Final			05:35	00:03	01:38	
626 (502)	M	200 Fl	Final			05:38	00:03	01:42	
627 (502)	M	200 Fl	Final			05:42	00:03	01:45	
628 (502)	M	200 Fl	Final			05:45	00:03	01:48	
629 (503)	L	200 Ba	Final			05:48	00:03	01:52	
630 (503)	L	200 Ba	Final			05:52	00:03	01:55	
631 (503)	L	200 Ba	Final			05:55	00:03	01:58	
632 (503)	L	200 Ba	Final			05:58	00:03	02:02	
633 (504)	M	100 Fr	Final			06:02	00:02	02:03	
634 (504)	M	100 Fr	Final			06:03	00:02	02:05	
635 (504)	M	100 Fr	Final			06:05	00:02	02:07	
636 (504)	M	100 Fr	Final			06:07	00:02	02:09	
637 (505)	L	100 Fl	Final			06:09	00:02	02:11	
638 (505)	L	100 Fl	Final			06:11	00:02	02:13	
639 (505)	L	100 Fl	Final			06:13	00:02	02:15	
640 (505)	L	100 Fl	Final			06:15	00:02	02:17	
641 (506)	M	200 Br	Final			06:17	00:03	02:21	
642 (506)	M	200 Br	Final			06:21	00:03	02:24	
643 (506)	M	200 Br	Final			06:24	00:03	02:28	
644 (506)	M	200 Br	Final			06:28	00:03	02:31	
<b>Estimated Session Finish Time 06:31</b>									

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**ASA East Midland Championships 2016**  
**Ponds Forge Sheffield 30th April, 1st 2nd May**

<b>MEET TIME LINE</b>								
<b>Session - 7</b>		<b>Monday 2nd May</b>	<b>Warm-up 8:00am</b>	<b>Start 9:00am</b>				
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
701	M	800 FT	Heats	9	1	09:00	00:09	00:09
702	M	800 FT	Heats	4	1	09:09	00:09	00:18
703	L	50 Fl	Heats	95	10	09:18	00:12	00:30
704	M	50 Br	Heats	94	10	09:30	00:12	00:43
705	L	50 Ba	Heats	73	8	09:43	00:12	00:55
706	M	50 Fr	Heats	125	13	09:55	00:14	01:09
707	L	800 Fr	Heats	69	7	10:09	01:14	02:24
708 (704)	M	50 Br	Final			11:24	00:02	02:25
709 (704)	M	50 Br	Final			11:25	00:02	02:27
710 (704)	M	50 Br	Final			11:27	00:02	02:28
711 (704)	M	50 Br	Final			11:28	00:02	02:30
712 (703)	L	50 Fl	Final			11:30	00:01	02:31
713 (703)	L	50 Fl	Final			11:31	00:01	02:33
714 (703)	L	50 Fl	Final			11:33	00:01	02:34
715 (703)	L	50 Fl	Final			11:34	00:01	02:36
716 (706)	M	50 Fr	Final			11:36	00:01	02:37
717 (706)	M	50 Fr	Final			11:37	00:01	02:38
718 (706)	M	50 Fr	Final			11:38	00:01	02:40
719 (706)	M	50 Fr	Final			11:40	00:01	02:41
720 (705)	L	50 Ba	Final			11:41	00:02	02:43
721 (705)	L	50 Ba	Final			11:43	00:02	02:44
722 (705)	L	50 Ba	Final			11:44	00:02	02:46
723 (705)	L	50 Ba	Final			11:46	00:02	02:47
<b>Estimated Session Finish Time 11:47</b>								

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**ASA East Midland Championships 2016**  
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<b>MEET TIME LINE</b>								
<b>Session - 8</b>		<b>Monday 2nd May</b>		<b>Warm-up 12:30pm Start 1:30pm</b>				
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
801	L	800 FT	Heats	9	1	01:30	00:10	00:10
802	L	800 FT	Heats	3	1	01:40	00:10	00:20
803	M	50 Fl	Heats	108	11	01:50	00:13	00:32
804	L	50 Br	Heats	87	9	02:02	00:12	00:44
805	M	50 Ba	Heats	86	9	02:14	00:14	00:57
806	L	50 Fr	Heats	96	10	02:27	00:12	01:09
807	M	1500 Fr	Heats	65	7	02:39	02:14	03:23
808 (804)	L	50 Br	Final			04:53	00:02	03:25
809 (804)	L	50 Br	Final			04:55	00:02	03:26
810 (804)	L	50 Br	Final			04:56	00:02	03:28
811 (804)	L	50 Br	Final			04:58	00:02	03:29
812 (803)	M	50 Fl	Final			04:59	00:01	03:31
813 (803)	M	50 Fl	Final			05:01	00:01	03:32
814 (803)	M	50 Fl	Final			05:02	00:01	03:34
815 (803)	M	50 Fl	Final			05:04	00:01	03:35
816 (806)	L	50 Fr	Final			05:05	00:01	03:36
817 (806)	L	50 Fr	Final			05:06	00:01	03:38
818 (806)	L	50 Fr	Final			05:08	00:01	03:39
819 (806)	L	50 Fr	Final			05:09	00:01	03:41
820 (805)	M	50 Ba	Final			05:11	00:01	03:42
821 (805)	M	50 Ba	Final			05:12	00:01	03:44
822 (805)	M	50 Ba	Final			05:14	00:01	03:45
823 (805)	M	50 Ba	Final			05:15	00:01	03:47
<b>Estimated Session Finish Time 05:17</b>								

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